

<b>POLICY</b>	<b>BOARD OF EDUCATION OF FREDERICK COUNTY, MARYLAND</b>		
<b>PROMOTION OF HEALTH AND WELLNESS – STUDENTS</b>		<b>POLICY 409</b>	
<b>409.1 Sunscreen Use</b>			
<b>409.2 Joint Responsibility with Frederick County School Health Council</b>			
<b>409.3 Implementing Regulation</b>			

**Purpose:** To promote health and wellness for students.

**Policy Statement:**

The Board of Education of Frederick County (Board) recognizes that good health fosters student attendance and achievement. With a focus upon the health and well-being of the whole child, the Board recognizes that students need nourishing foods and physical activity, health and counseling services, and family and community involvement in order to grow, learn, and thrive. The Board recognizes its responsibility to provide a safe and healthy learning environment for all students and acknowledges the necessity for the school system to ensure that the school environment protects and promotes students' health and ability to learn by providing health and nutrition education, physical activity, and a variety of healthy food and beverage choices. Finally, the Board believes schools have a responsibility to help students develop the skills, knowledge, and attitudes necessary to adopt and maintain a healthy lifestyle, and consequently encourages employees to maintain high-level wellness as they serve as daily role models for the students.

**409.1 Sunscreen Use**

Student use of sunscreen is encouraged to promote health and well-being while engaged in outside activity.

Students are permitted to possess sunscreen on school property or at a school sponsored activity without permission from a health care provider.

**409.2 Joint Responsibility with Frederick County School Health Council**

The Superintendent and the local health officer are jointly responsible for the Frederick County School Health Council, as well as the implementation and coordination of school health services standards. The council works to improve health and wellness initiatives in the community.

**409.3 Implementing Regulation**

The Superintendent will issue regulation to support this policy, which recognizes the importance of implementing health and wellness activities, providing notification and education to students, and adheres to requirements under Maryland law.

<b>Legal Reference</b>	COMAR 13A.05.05.13 "School Health Services Standards – Implementation & Coordination" §7-441, Education Article, <i>Annotated Code of Maryland</i>		
<b>Source Document</b>	Constitution and By-Laws of Frederick County School Health Council		
<b>Policy History</b>	Reviewed: 2017, 2018	Adopted: 8/9/06	Revised: 8/22/18