

POLICY	BOARD OF EDUCATION OF FREDERICK COUNTY, MARYLAND		
PROMOTION OF HEALTH AND WELLNESS - EMPLOYEES		POLICY 316	

Purpose: To promote health and wellness for employees.

316 Employee Wellness

Policy Statement:

The Board of Education of Frederick County (Board) supports efforts to enhance and maintain employee wellness. The Board recognizes the potential benefits of a wellness program. Programs to encourage employee wellness can increase employee effectiveness through improved fitness and health, reduced stress, and higher morale. The Superintendent is authorized to establish wellness programs, as resources permit, which are appropriate and feasible.

In addition, the Superintendent and the local health officer are jointly responsible for the Frederick County School Health Council, as well as the implementation and coordination of school health services standards. The council works to improve health and wellness initiatives in the community.

Legal Reference	COMAR 13A.05.05.13		
	Board Policy 409 <i>Promotion of Health and Wellness - Students</i>		
Policy History	Reviewed: 2005, 2017	Adopted: 11/9/05	Revised: 9/13/17