



Opt Out Form for Family Life

Curriculum, Instruction, and
Innovation

Clear Form

Frederick County Public Schools
191 South East Street
Frederick, Maryland 21701

Form #002-F04
August, 2023

Frederick County Public Schools

Opt Out Form for Family Life Education as part of Comprehensive Health Education for students in grades 5 through 12.

There will be an opportunity for parents/guardians to preview student material. Further information about the parent preview is shared in an email.

Student First Name:

Student Last Name:

Parent First Name:

Parent Last Name:

School:

Grade:

State regulation requires students who opt out of family life instruction receive materials related to menstruation. Your student will be provided a short packet of information related to menstruation.

A parent packet was created to help you talk to your student about menstruation.

Students who are opted out of family life lessons will be receiving alternate health education lessons.

I understand that I am opting my students out of the family life lessons as part of comprehensive health education.

Click here for opting out:

Parent Signature: