

Elementary School Menus – March 2008

Monday	Tuesday	Wednesday	Thursday	Friday												
BREAKFAST 3 Sausage Patty & Scrambled Egg, Toast, Crispy Cereal, Honey Bear Grahams; Chilled Apple Juice; Cold Milk LUNCH Oven Baked Chicken Nuggets, Fresh Wheat Pizzeria Pizza; Fluffy Whipped Potatoes; Choice of Chilled Fruit; Dinner Roll; Cold Milk	BREAKFAST 4 Cinnamon or Cream Cheese Bagler; Chilled Apple Juice; Cold Milk LUNCH Baked Scoops Tortilla Taco w/Cheese & Rice (Lettuce), Fresh Pizzeria Pizza; Scrumptious Golden Corn; Choice of Chilled Fruit; Cold Milk	5 PARENT-TEACHER CONFERENCES NO MEALS SERVED	BREAKFAST 6 Breakfast Pizza; Chilled Orange Juice; Cold Milk LUNCH Crispy Oven Fried Chicken, Hamburger or Cheeseburger on Bun, Fresh Pizzeria Pizza; Fluffy Whipped Potatoes; Choice of Chilled Fruit; Dinner Roll; Cold Milk	BREAKFAST 7 Heated Flapstick; Chilled Orange Juice; Cold Milk LUNCH Deep Dish Pizza, Hot Dog on Bun, Crunchy Fish Fillet on Bun; Crispy Tator Tots; Choice of Chilled Fruit; Cold Milk												
BREAKFAST 10 Simply Cinnamon Bun Whole Wheat; Chilled Apple Juice; Cold Milk LUNCH Chicken Rings, Grilled Cheese Sandwich, Fresh Wheat Pizzeria Pizza; Fluffy Whipped Potatoes; Choice of Chilled Fruit; Dinner Roll; Cold Milk	BREAKFAST 11 French Toast Sticks; Chilled Apple Juice; Cold Milk LUNCH Nacho Grande Scoops w/Sour Cream & Salsa, Fresh Personal Pizza, Cheeseburger on Bun; Fresh Tossed Salad; Choice of Chilled Fruit; Cold Milk	BREAKFAST 12 Breakfast Pizza; Chilled Orange Juice; Cold Milk LUNCH Chicken Patty on Bun, Fresh Wheat Pizzeria Pizza, PB&J Uncrustable; Crispy Tator Tots; Choice of Chilled Fruit; Cold Milk	BREAKFAST 13 Heated Flapstick, Crispy Cereal, Honey Bear Grahams; Chilled Apple Juice, Cold Milk LUNCH Hot Turkey Sandwich (Cranberry Sauce), Fresh Pizzeria Pizza, Hot Dog on Bun; Fluffy Whipped Potatoes; Choice of Chilled Fruit; Cold Milk	BREAKFAST 14 Breakfast Break Kit; Cold Milk LUNCH Oven Baked Shrimp Poppers w/Macaroni & Cheese, Fresh Wheat Pizzeria Pizza, PB&J Uncrustable; Scrumptious Golden Corn; Choice of Chilled Fruit; Cold Milk												
BREAKFAST 17 Simply Cinnamon Bun Whole Wheat; Chilled Orange Juice; Cold Milk LUNCH Oven Baked Popcorn Chicken, Fresh Pizzeria Pizza, Chicken Noodle Soup w/Crackers; Savory Green Beans; Choice of Chilled Fruit; Dinner Roll; Cold Milk	BREAKFAST 18 Heated Flapstick, Crispy Cereal, Honey Bear Grahams; Chilled Orange Juice, Cold Milk LUNCH Hamburger or Cheeseburger on Bun, Deep Dish Pizza, PB&J Uncrustable; Crispy Tator Tots; Choice of Chilled Fruit; Cold Milk	19 SPRING BREAK SCHOOLS CLOSED	20 SPRING BREAK SCHOOLS CLOSED	21 SPRING BREAK SCHOOLS CLOSED												
24 SPRING BREAK SCHOOLS CLOSED	25 SPRING BREAK SCHOOLS CLOSED	BREAKFAST 26 Jump Start Breakfast Kit; Cold Milk LUNCH Oven Baked Popcorn Chicken, Fresh Pizzeria Pizza, Chicken Noodle Soup w/Crackers; Savory Green Beans; Choice of Chilled Fruit; Dinner Roll; Cold Milk	BREAKFAST 27 French Toast Sticks; Chilled Apple Juice; Cold Milk LUNCH Spaghetti w/Meatsauce and Grated Cheese w/Italian Bread, Fresh Personal Pizza, Hot Dog on Bun; Fresh Tossed Salad; Choice of Chilled Fruit; Cold Milk	BREAKFAST 28 Simply Cinnamon Bun Whole Wheat; Chilled Orange Juice; Cold Milk LUNCH: CHEETOS FRIDAY Hamburger or Cheeseburger on Bun, Fresh Pepperoni Pizzeria Pizza, PB&J Uncrustable; Baby Carrots w/Dip; Choice of Chilled Fruit; Cold Milk												
BREAKFAST 31 Heated Flapstick, Crispy Cereal, Honey Bear Grahams; Chilled Orange Juice; Cold Milk LUNCH Oven Baked Chicken Nuggets, Fresh Wheat Pizzeria Pizza, PB&J Uncrustable; Fluffy Whipped Potatoes; Choice of Chilled Fruit; Dinner Roll; Cold Milk				MILK CHOICES SKIM MILK 2% MILK 1% STRAWBERRY MILK 1% CHOCOLATE MILK												
PIZZERIA PIZZA MADE WITH LOW FAT MOZZARELLA CHEESE	<i>Menus subject to change.</i> Elementary Meal Prices Breakfast – \$1.10 Lunch – \$1.85		MENU NUTRIENT ANALYSIS Percent of Calories From Fat <table border="1"> <thead> <tr> <th></th> <th>MARCH 3-7</th> <th>MARCH 10-14</th> <th>MARCH 24-28</th> </tr> </thead> <tbody> <tr> <td>Breakfast</td> <td>24.55%</td> <td>22.12%</td> <td>17.41%</td> </tr> <tr> <td>Lunch</td> <td>27.00%</td> <td>26.05%</td> <td>28.79%</td> </tr> </tbody> </table>			MARCH 3-7	MARCH 10-14	MARCH 24-28	Breakfast	24.55%	22.12%	17.41%	Lunch	27.00%	26.05%	28.79%
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