

Secondary School Menus – April 2008

Monday	Tuesday	Wednesday	Thursday	Friday															
<p>OFFERED DAILY</p> <ul style="list-style-type: none"> • CHICKEN PATTY ON BUN • SALAD PLATTERS 	<p>BREAKFAST 1 Hearty Ham & Egg on Muffin, Crispy Cereal, Honey Bear Grahams; Choice of Chilled Fruit Juice; Cold Milk</p> <p>LUNCH Baked Scoops Tortilla Taco w/Cheese & Rice (Lettuce), Fresh Pizzeria Pizza; Scrumptious Golden Corn; Choice of Chilled Fruit; Cold Milk</p>	<p>BREAKFAST 2 French Toast Sticks; Choice of Chilled Fruit Juice; Cold Milk</p> <p>LUNCH Spaghetti w/Meatsauce and Grated Cheese w/Italian Bread, Fresh Personal Pizzeria Pizza, Deli Ham Sub; Fresh Tossed Salad; Choice of Chilled Fruit; Cold Milk</p>	<p>BREAKFAST 3 Breakfast Pizza; Choice of Chilled Fruit Juice; Cold Milk</p> <p>LUNCH Oven Baked Chicken Nuggets, Fresh Wheat Pizzeria Pizza, Chicken Salad on Multi Grain Roll; Fluffy Whipped Potatoes; Choice of Chilled Fruit; Dinner Roll; Cold Milk</p>	<p>BREAKFAST 4 Savory Sausage, Egg & Cheese on Biscuit; Choice of Chilled Fruit Juice; Cold Milk</p> <p>LUNCH Deep Dish Pizza, Steak & Cheese Sub (Lettuce, Onion), Turkey Ranch Wrap; Crispy Tator Tots; Cherry Crisp; Cold Milk</p>															
<p>BREAKFAST 7 French Toast Sticks; Chilled Orange Juice; Cold Milk</p> <p>LUNCH Chicken Rings, Cheeseburger Sub (Lettuce, Onion), Fresh Wheat Pizzeria Pizza; Fluffy Whipped Potatoes; Choice of Chilled Fruit; Dinner Rolls; Cold Milk</p>	<p>BREAKFAST 8 Breakfast Bagel w/Sausage/Egg & Cheese; Chilled Orange Juice; Cold Milk</p> <p>LUNCH Nacho Grande w/Sour Cream & Salsa, Fresh White Pizzeria Pizza, Cheeseburger on Bun; Crunchy Cole Slaw; Choice of Chilled Fruit; Cold Milk</p>	<p>BREAKFAST 9 Breakfast Pizza; Chilled Orange Juice; Cold Milk</p> <p>LUNCH Chicken Patty on Bun, Bistro Deli Delight, Fresh Wheat Pizzeria Platter, Grilled Chicken Platter; Crispy Tator Tots; Choice of Chilled Fruit; Cold Milk</p>	<p>BREAKFAST 10 Heated Flapstick, Bagel w/Cream Cheese and Jelly; Chilled Orange Juice, Cold Milk</p> <p>LUNCH Hot Turkey Sandwich (Cranberry Sauce), Fresh Personal Pizzeria Pizza, Hot Dog on Bun; Fluffy Whipped Potatoes; Choice of Chilled Fruit; Cold Milk</p>	<p>BREAKFAST 11 Hearty Ham & Egg on Muffin, Crispy Cereal, Honey Bear Grahams; Chilled Apple Juice; Cold Milk</p> <p>LUNCH: FRITO FRIDAY Hamburger or Cheeseburger on Bun, Deep Dish Pizza, Turkey Sub (Lettuce); Scrumptious Golden Corn; Choice of Chilled Fruit; Cold Milk</p>															
<p>BREAKFAST 14 Breakfast Bagel w/Egg & Cheese; Chilled Orange Juice; Cold Milk</p> <p>LUNCH Oven Baked Popcorn Chicken, Fresh Pizzeria Pizza, Chicken Noodle Soup w/Crackers; Sweet Potatoes; Choice of Chilled Fruit; Dinner Roll; Cold Milk</p>	<p>BREAKFAST 15 Hearty Ham & Egg on Muffin, Crispy Cereal, Honey Bear Grahams; Chilled Orange Juice, Cold Milk</p> <p>LUNCH Oven Baked Shrimp Poppers w/Macaroni & Cheese, Fresh Personal Pizzeria Pizza; Sweet Peas; Choice of Chilled Fruit; Cold Milk</p>	<p>BREAKFAST 16 Heated Flapstick; Choice of Chilled Juice; Cold Milk</p> <p>LUNCH Pepperoni & Cheese Calzone w/Sauce, Fresh Pizzeria Pizza, Chicken Caesar Wrap; Scrumptious Golden Corn; Choice of Chilled Fruit; Cold Milk</p>	<p>BREAKFAST 17 Simply Cinnamon Bun Whole Wheat; Chilled Orange Juice; Cold Milk</p> <p>LUNCH Stuffed Crust Pizza, Chicken Patty on Bun; Crispy Tator Tots; Choice of Chilled Fruit; Cold Milk</p>	<p>BREAKFAST 18 Breakfast Pizza; Chilled Orange Juice; Cold Milk</p> <p>LUNCH: PIZZA FRIDAY Deep Dish Pizza, Fresh Pepperoni & Cheese Pizzeria Pizza, Fresh Personal White Pizzeria Pizza; Savory Green Beans; Choice of Chilled Fruit; Cold Milk</p>															
<p>BREAKFAST 21 Heated Flapstick, Bagel w/Cream Cheese and Jelly; Choice of Chilled Juice, Cold Milk</p> <p>LUNCH Steak & Cheese Sub (Lettuce, Tomato, Onion), Fresh Wheat Pizzeria Pizza, Teriyaki Chicken Salad Platter; Crispy Tator Tots; Choice of Chilled Fruit; Cold Milk</p>	<p>BREAKFAST 22 Hearty Ham & Egg on Muffin, Crispy Cereal, Honey Bear Grahams; Choice of Chilled Fruit; Cold Milk</p> <p>LUNCH Baked Scoops Tortilla Taco w/Cheese & Rice (Lettuce & Tomato), Fresh Pizzeria Pizza; Scrumptious Golden Corn; Choice of Chilled Fruit; Cold Milk</p>	<p>BREAKFAST 23 Heated Flapstick; Chilled Orange Juice; Cold Milk</p> <p>LUNCH Chicken Patty on Multi Grain Bun, Fresh Pizzeria Pizza, Chicken Caesar Salad Wrap; Savory Green Beans; Choice of Chilled Fruit; Cold Milk</p>	<p>BREAKFAST 24 French Toast Sticks; Chilled Orange Juice; Cold Milk</p> <p>LUNCH Spaghetti w/Meatsauce and Grated Cheese w/Italian Bread, Fresh Personal Pizzeria Pizza, Deli Ham Sub; Fresh Tossed Salad; Choice of Chilled Fruit; Cold Milk</p>	<p>BREAKFAST 25 Simply Cinnamon Bun Whole Wheat; Chilled Orange Juice; Cold Milk</p> <p>LUNCH: FRITO FRIDAY Fresh Pepperoni Pizzeria Pizza, Turkey Ranch Wrap, Chicken Patty on Bun; Baby Carrots w/Dip; Choice of Chilled Fruit; Cold Milk</p>															
<p>BREAKFAST 28 Breakfast Bagel w/Egg & Cheese; Chilled Orange Juice; Cold Milk</p> <p>LUNCH Oven Baked Chicken Nuggets, Stuffed Crust Pizza, Steak & Cheese Sub (Lettuce, Tomato, Onion); Fluffy Whipped Potatoes; Choice of Chilled Fruit; Dinner Roll; Cold Milk</p>	<p>BREAKFAST 29 French Toast Sticks; Choice of Chilled Juice; Cold Milk</p> <p>LUNCH Chicken Patty on Bun, Fresh Wheat Pepperoni or Cheese Pizzeria Pizza, Tuna Salad on Kaiser Roll, Taco Salad w/Crisp Shell; Scrumptious Golden Corn; Choice of Chilled Fruit; Cold Milk</p>	<p>BREAKFAST 30 Heated Flapstick; Chilled Orange Juice; Cold Milk</p> <p>LUNCH Hamburger or Cheeseburger on Bun, Fresh Personal Pizzeria Pizza, Turkey Sub; Crispy Tator Tots; Choice of Chilled Fruit; Cold Milk</p>	<p>MILK CHOICES</p> <p>SKIM MILK</p> <p>2% MILK</p> <p>1% STRAWBERRY MILK</p> <p>1% CHOCOLATE MILK</p>																
<p>PIZZERIA PIZZA MADE WITH LOW FAT MOZZARELLA CHEESE</p>	<p><i>Menus subject to change.</i></p> <p>Secondary Meal Prices Breakfast – \$1.35 Lunch – \$2.10</p>		<p>MENU NUTRIENT ANALYSIS Percent of Calories From Fat</p> <table border="1"> <thead> <tr> <th></th> <th>APRIL 1-3</th> <th>APRIL 7-11</th> <th>APRIL 14-18</th> <th>APRIL 21-25</th> </tr> </thead> <tbody> <tr> <td>Breakfast</td> <td>29.41%</td> <td>22.96%</td> <td>21.66%</td> <td>20.16%</td> </tr> <tr> <td>Lunch</td> <td>28.18%</td> <td>24.35%</td> <td>28.08%</td> <td>28.35%</td> </tr> </tbody> </table>			APRIL 1-3	APRIL 7-11	APRIL 14-18	APRIL 21-25	Breakfast	29.41%	22.96%	21.66%	20.16%	Lunch	28.18%	24.35%	28.08%	28.35%
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